



Walter M. Williams High School
Football Office
1307 South Church Street
Burlington, NC 27215
336-570-6165

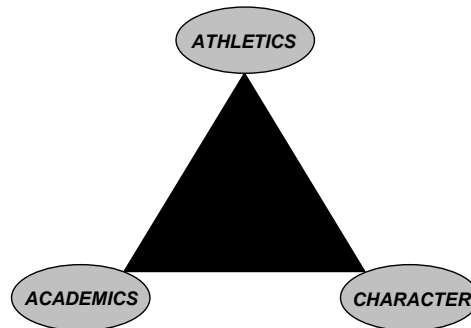
July 30, 2009

Parents,

Thank you and welcome! The season is upon us once again, and we look forward to a fine season with a new group of young men competing in a brand new football conference. I and the rest of the staff are very pleased with how the young men who were present for spring and summer workouts have progressed, and the results speak well for their efforts.

This year, we have less time between the start of practice and our first game than at any point in my career. When our team takes the field for the first official day of practice on August 1st, we will have less than three weeks to prepare for our opener against Southern Alamance! Time is critical, and we will ask much of these young men during these upcoming twenty days as we prepare. However, we have a bigger mission with regard to these young men, and I want to briefly make mention of where our real priorities lie.

WHS Football Player Pyramid



Academic Focus

- Awareness of expectations; high school eligibility & NCAA guidelines
- Self-Accountable
- Monitoring & tutoring

Character

- Discipline – “Do Right”
- Relationships
- Service
- Trust

- Motivation (self & team)
- Goals & Expectations
- Speed and Strength Program
- Habits that carry over

Athletics

We appreciate the responsibility we have to these young men, and we look forward to seeing them grow, both individually and as a team. Never hesitate to contact me if you have concerns about your young man! We look forward to seeing you in the stands this year! Thanks!

Coach Scott Frazier

2009 WILLIAMS BULLDOG FOOTBALL SCHEDULE

<u>DATE</u>	<u>OPPONENT</u>	<u>LOCATION</u>	<u>TIME</u>
8/21/09	Southern Alamance	Away	7:30pm
8/28/09	Cummings	Home	7:30pm
9/04/09	Orange	Away	7:30pm
9/11/09	OPEN		
9/18/09	Graham	Home	7:30pm
9/25/09	Northern Guilford	Away	7:30pm
10/02/09	McMichael	Away	7:30pm
10/09/09	Rockingham County (homecoming)	Home	7:30pm
10/16/09	Western Alamance	Away	7:30pm
10/23/09	Morehead	Home	7:30pm
10/30/09	Eastern Guilford (parents night)	Home	7:30pm
11/06/09	Eastern Alamance	Away	7:30pm
11/13/09	Playoffs Begin		

WALTER M. WILLIAMS HIGH SCHOOL FOOTBALL **MISSION STATEMENT**

The Williams high school football program will produce student athletes who care for themselves and for others, who are confident of themselves and their teammates, who are skilled learners, who are ethical and accountable for their actions, and who are service oriented and desire to give of themselves for a greater good.

The Bottom Line:

You are a representative of:

- Yourself
- Your family
- Our football team
- Our school
- Our community

We expect all members of our program; players, coaches, and support staff, to behave in such a manner that all of the aforementioned are beyond reproach. Always remember: You only get one chance at a first impression!

Meeting Policy & Contact information:

As the head coach, I will always be willing to discuss issues pertaining to our student athletes and how they can improve. However, prior to meeting with a parent to discuss any such issues I insist that the student-athlete has a one-on-one meeting with me. Please feel free to contact me to schedule an appointment.

Coach Scott Frazier

Work: 336 570 6161

Cell: 336 512 1505

Email: jeffreyscottfrazier@gmail.com

TEAM EXPECTATIONS

Players can expect coaches to be:

- Positive and enthusiastic
- Knowledgeable
- Organized and Punctual
- Compassionate
- Objective and Fair
- Respectful

Coaches can expect players to be:

- TEAM oriented and Unselfish
- Coachable: Accept & Learn from Correction
- Hustler! Play Hard & Good Things Happen!
- Punctual. Always be Early; "If you're right on time, you're LATE".
- Trustworthy
- Good Students & Citizens

****All players and coaches should be able to answer "Yes" to this:***

The Big Three

- Do you care about us?
- Can we trust you?
- Are you committed?

****The Williams HS Football Team Will:***

- Play harder & out-hustle our opponents.
- Be more physical than our opponent – Win the hitting game!
- Avoid mental mistakes.
- Practice like we play. Game tempo is practice tempo.
- Prepare diligently. Be ready to handle any situation on game day.

****Universal Team Rule: "Do Right"***

WILLIAMS FOOTBALL
DISCIPLINE CODE & TEAM POLICIES

Attendance and Punctuality

1. Excused absence or tardy can be: personal illness with a Doctor's note, death in the family, legitimate family emergency or any absence or tardy that is pre-approved by the head coach.
2. Any absence or tardy other than those listed above are considered unexcused.
3. Penalty for unexcused absence:
 - a. 1st offense – one game suspension, week of extra duty.
 - b. 2nd offense – dismissal from the team.
4. Penalty for unexcused tardy:
 - a. 1st offense – one day of extra duty.
 - b. 2nd offense – one week of extra duty.
 - c. 3rd offense – one game suspension, week of extra duty.
 - d. 4th offense – dismissal from the team.

*Suspensions, both in-school and out, are treated as ONE unexcused absence. For example, a three day ISS term would result in 3 missed days of practice and/or competition. This three day term counts as a single absence for the purpose of the 1st offense / 2nd offense rule pertaining to dismissal.

*Note: If you are going to miss practice, or know you are going to be late, you must call Coach Frazier. Either call on Coach Frazier's cell phone, or call the school secretary and ask to get a note to Coach Frazier. Coach Frazier's cell number is 336-512-1505. The school number is 336-570-6161. Call before lunch unless an emergency occurs. Any absence or tardy that occurs without a phone call will be considered unexcused.

*Note: If you are injured, you MUST go through our athletic trainer. All rehab appointments and doctor's appointments go through the trainer, which will then be reported to the coaching staff. When injured, you will still be expected to attend practice and dress according to the instructions of the trainer and coaching staff.

Dress Code

1. No jewelry when at practice or ANY team function.
2. When representing the Williams Football Team in any official capacity, always dress appropriately – no sagging pants, hats, skullcaps, etc.
3. Game day dress will consist of your jersey and khaki pants / shorts, or blue jeans.
4. All practice and game attire must be issued by the coaching staff and cannot be altered in any way.
5. No personalized messages on the outside of your uniform.
6. Travel dress, if other than your uniform, will be dictated by the head coach.
7. Penalties for dress code violations will be the same as those used for unexcused tardies.

On-Field Rules – Practices and Games

1. NEVER walk on the football field between the lines.
2. No showboating, trash-talking, or taunting an opponent during games.
3. Never sit – always take a knee.
4. No profanity – EVER.
5. Game jerseys should always be tucked in.
6. Keep the practice field clean – put all cups and tape in trashcans.
7. Fighting will not be tolerated. If there is a fight during a game, all players on the sideline will remain there, and all players on the field will run to the sideline.

Locker Room / Weight Room / Equipment Room / Training Room Rules

1. Keep the facilities clean and orderly. All trash thrown away and all equipment put away properly. Clean up the mess whether it's yours or not! People will assume that it's ours!
2. We will start in the weight room together, and remain in the weight room until finished. No one leaves prior to dismissal without being given permission by a coach.
3. No food or drinks in the weight room or training room.
4. No one enters our facilities besides coaches and players.
5. Never enter the equipment room or training room without a coach or trainer present.
6. You are responsible for all training room rules / dress codes as mandated by our trainer.
7. Report all equipment problems to the coach in charge of equipment immediately.
8. Theft or destruction of school property and / or personal property of another student will result in school disciplinary action as well as additional penalties per the decision of the head coach.

Media Relations

1. Deflect praise – always seek to talk about your teammates and our program; avoid talking about yourself.
2. Keep answers short and to the point.
3. Always speak highly of our opponent, regardless of the outcome.
4. Always be aware of the image you portray, and that that image is representative of our entire team.
5. Be humble in victory and gracious in defeat.

ABSS & School Rules

1. All student-athletes are subject to the normal rules and disciplinary actions as issued by ABSS and Williams high school (see code of conduct & student handbook).

General Good Conduct

1. All student athletes are considered representatives of the Williams football team at ALL TIMES. Any behavior that is deemed inappropriate, whenever and wherever it occurred, will be dealt with by the head coach on an individual basis. Remember our basic team rule: "Do Right".

WILLIAMS HIGH SCHOOL FOOTBALL
PLAYER AGREEMENT FORM

I, _____, have read and understand the policies and requirements set forth by the football staff at Williams high school. I do hereby agree to comply with these policies and pledge to be a good representative of my family, my team, and my school.

Signature: _____

Date: _____